

## I. AGREEMENT TO THE RACE TERMS

### General part

1. Each participant participates in the race at his own risk.
2. Competitors are obliged to follow the instructions of the organizers.
3. The organizer is not liable for damages incurred by participants or caused by them.
4. For the participation of competitors under the age of 18, the consent and declaration of legal representatives is required, which is considered as consent to the conditions of the race.
5. The competitor is responsible for completing the entire course of the race. If he/she does not complete the entire course, he/she is disqualified from the race.
6. The organizer reserves the right to make necessary technical changes to the schedule of the race due to unforeseen circumstances.
7. The competitor is obliged to be marked with the start number according to the organizer's instructions. Swimmers will receive a swimming cap with the logo of the company sponsoring the respective wave and their start number. They are obliged to wear a swimming cap throughout the race. Otherwise, the competitor is disqualified. Competitors in the megaboard race will be marked (described) by the organizer in a visible place.
8. In the registration form, the competitor of the swimming race can choose a patient to support with his entry fee. However, the organizer reserves the right to determine the final division of competitors into individual waves.
9. A competitor must not block another competitor or make sudden changes of direction so as to cross the path of another competitor and must follow other principles in the spirit of fair play.
10. The competitor must complete the entire course as marked by the organizer. If he/she leaves the track, he/she must return to it at the place where he/she left it. Otherwise he/she will be disqualified from the race.
11. Disputes that are not resolved by the rules are resolved by the organizer.
12. In case of surrender from the race, the competitor is obliged to announce it to the organizer without delay.
13. The routes for all categories are the same, differing only in length.
14. The competitor may use any swimming method when swimming, or step on water or merge. It is allowed to go (run) on the bottom at the start and before the finish.
15. The method of start is from the land at the instruction of the person designated by the organizer.
16. When passing the time trial, the competitor takes care in his own interest to be recorded by the time trial - according to the organizer's instructions.
17. The time limit for completing the race is 60 minutes. After this limit, the competitor can continue the race, but the time measurement is not guaranteed.
18. Each participant is obliged to have health insurance. We also recommend having accident insurance. All participants from abroad must have travel insurance.
19. Disqualification: A competitor will be disqualified if he behaves unsportsmanlike, eg. insults other competitors or organizers. A competitor whose behaviour seriously impairs the safety of other competitors will also be disqualified from the race. Disqualification may also be granted retroactively if, for objective reasons, it has not been possible to grant disqualification immediately or if a breach of the rules has been identified later. Disqualification applies to all cases listed exhaustively.

## Safety instructions

1. Don't underestimate your health
2. If you show signs of an acute illness (diarrhoea, fever, cough, etc.), you are aware that you have come into contact in the last 2 weeks with people who have contracted or suspected of contracting an infectious disease, or The district hygienist or attending physician ordered a quarantine measure for you, then participation in the event is prohibited by the organizer.
3. Ask the organizer or paramedic for help at any time.
4. Medical patrols are located in the water and on the land at the Emergency Point
5. In case of convulsions or emergency while swimming, lie on your back and wave your hand over your head.
6. In case of emergency, keep calm, leave the room and follow the instructions of the organizer and the police.
7. In case of theft or destruction of the equipment, immediately report the situation to the accreditation stand and contact the police at 158.

## Swim race

1. Swimming clothing consists of:
  - For men: Opaque swimsuit or neoprene. Neoprene is only permitted at water temperatures up to 18 ° C.
  - For women: Opaque one-piece or two-piece swimsuit or neoprene. Neoprene is only permitted at water temperatures up to 18 ° C.
  - For children: Opaque swimsuit or neoprene. Neoprene is always allowed, regardless of the water temperature.

## Megaboard race

1. Drafting is allowed only within gender
2. Drafting behind the ship is not allowed
3. A maximum of 5 knee shots are allowed
4. The race is a free ride
5. The race is intended for adults and children from 8 years.

## II. CONSENT OF TAKING AND PROCESSING PHOTOGRAPHS/FILMS/SOUNDS RECORDING

I agree with the taking and processing photographs, films and sound recordings during the Prague City Swim race for promotional purposes.

### III. CONSENT TO THE PROCESSING OF PERSONAL DATA

I hereby give my consent to the association ALSA, z.s. , with its registered office in Prague IČ: 01495992, entered in the public register kept at the Municipal Court in Prague, Section L, Insert 254 85 (hereinafter the "Administrator"), so that within the meaning of Regulation (EU) No. 2016/679 of the European Parliament and of the Council individuals with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46 / EC (General Data Protection Regulation) (hereinafter "the Regulation") processed my personal data mentioned above, i.e. name, surname, email , region and municipality of residence, state of health, for statistical needs. I provide personal data voluntarily. I can withdraw my consent at any time, for example by sending an e-mail or a letter to the association's address listed at <http://www.zsalsa.cz/>. I acknowledge that according to the Regulation I have the right to withdraw the consent at any time, request information from the association on what personal data it processes, request a copy of this data, request access to this data and have it updated or corrected, or request processing restrictions, request after deleting this personal data, file a complaint with the Office for Personal Data Protection or go to court. They provide this consent for a period of 3 years. I also fully agree with the rules of the race.